

MERCY ASSOCIATE REGIONAL DAY

St Catharine's Convent, Edinburgh

EDINBURGH 7th MAY 2011

Theme: Catherine and the Young

St.Catharine's Convent, Edinburgh, welcomed 41 participants in glorious sunshine for the Annual Regional Day from Edinburgh, Fife, Glasgow, Dundee and Newcastle-upon -Tyne.

Associates from Edinburgh took charge of the registration, and also ensured everyone arrived to a welcoming cup of tea/coffee.

The day commenced with Morning Prayer in the Chapel, led by Sister Annette McCartan and Marilyn Leitch.

Upstairs in the Conference Room, Sister Aelred gave an inspiring talk on Catherine - showing her connectedness with young people in all stages of her life both as a lay person and a religious which she finished by showing the DVD on Catherine and Global Mercy Today.

A Power Point presentation on 'Catherine as a model for young people today to become lights in the world' was given by Debbie Menezes , who is one of the Mercy Helpers on the Homeless Project.

This was followed by group tasks and a sharing session reflecting on:

- **How have we been lights to others in the past?**
- **How can we be lights to the young in our everyday lives?**

Sister Aelred and community provided everyone with a most enjoyable lunch.

The afternoon session was the ritual of Venerable Catherine McAuley's death.

During a very lively question and answer time, Monica and Tommy Mills gave a short talk on their experience of Youth Mercy Associates.

The day finished with celebration of the Eucharist in the Chapel.